

of Louisiana

A LOUISIANA HEALTH CARE QUALITY FORUM INITIATIVE

# Tackling the Rising Cost of Healthcare

# Aligning Payment with Quality

LDI Conference March 28, 2023



Private, not-for-profit organization (2007)

#### **MISSION**

To lead evidence-based, collaborative initiatives to improve the health of Louisiana residents

#### **VISION**

To be the recognized leader in driving fundamental improvement in health & health care in Louisiana



WORKING TOGETHER for a HEALTHIER STATE



- ONLY independent, nonpartisan neutral convener of Louisiana's health care stakeholders
- **Promote collective, collaborative conversations** to achieve optimal solutions
- Able to achieve solutions no market participant could accomplish individually
- Drive work at the regional and community levels across the state
- Serve as trusted data stewards
- Recognized as critical change agents







Coordinated & Integrated Approach to Transforming Health Care in Louisiana



**IT/EHR Systems** 



Care Management Coordination



Performance
Reporting & Improvement

#### HEALTH IT: BRIDGING THE GAP







# **Strategic Planning Session**

January 13, 2021

#### **Questions for each Board Member**

What are the current challenges you are dealing with in your industry?

If you could have the Quality Forum do one thing it is not currently doing, what would it Be?

#### **Answers**

Healthcare affordability

Focus on addressing the impact of high health benefit costs on businesses

#### **Employers Bear Responsibility for Healthcare Costs**

Healthcare has become increasingly **unaffordable for employees** in employer-sponsored plans, and the provision of medical benefits has become **unsustainable for self-insured employers** 

**Employers** play a critical role in **funding healthcare** 

Employer-sponsored plans cover approximately 159 million Americans

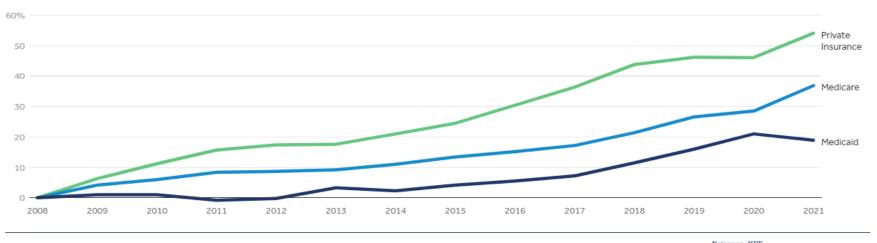
Privately insured population accounts for 34% (\$1.2 trillion) of U.S. healthcare spending \$480 billion in hospital costs





# Cumulative Growth in Per Enrolled Person Spending by Private Insurance, Medicare, and Medicaid





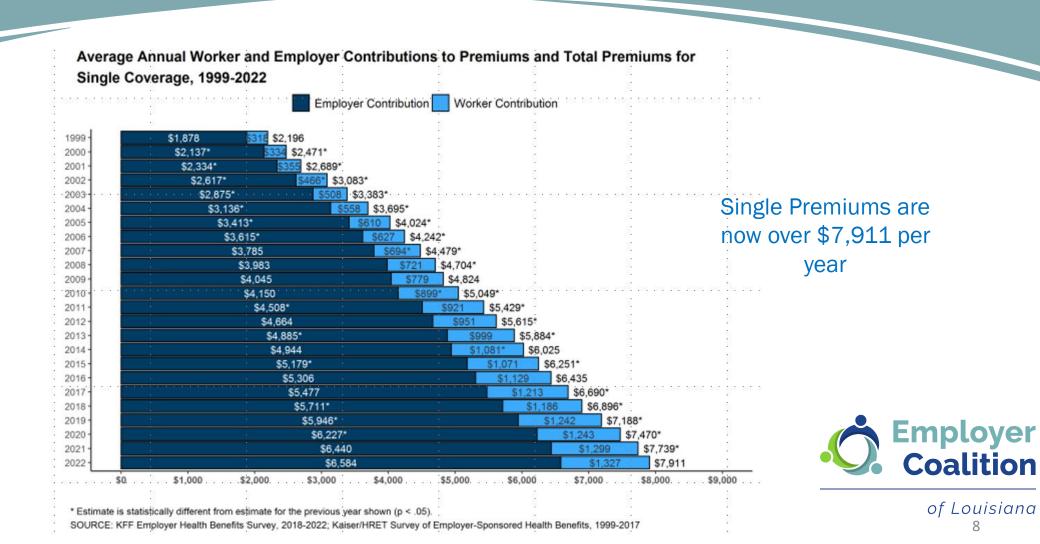
Source: KFF analysis of National Health Expenditure (NHE) data • Get the data • PNG

Health System Tracker

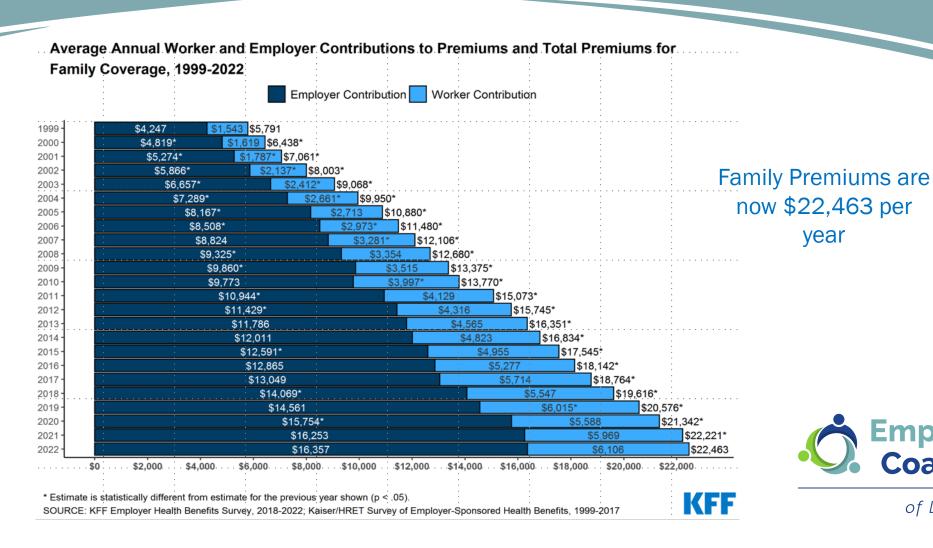
On a per enrollee basis, **private insurance spending grew by 54%** from 2008 to 2021 – much faster than Medicare (36.9%) and Medicaid (18.9%) spending growth per enrollee.



# Average Annual Worker and Employer Contributions to Premiums and Total Premiums for Single Coverage, 1999-2022



### Average Annual Worker and Employer Contributions to Premiums and **Total Premiums for Family Coverage, 1999-2022**

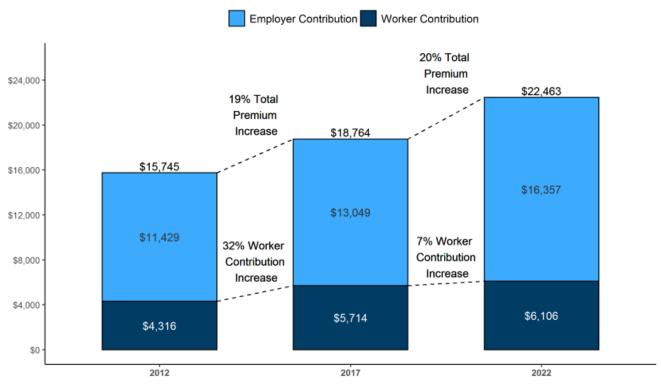




year

# Average Annual Worker and Employee Premium Contributions for Family Coverage, 2012, 2017, and 2022

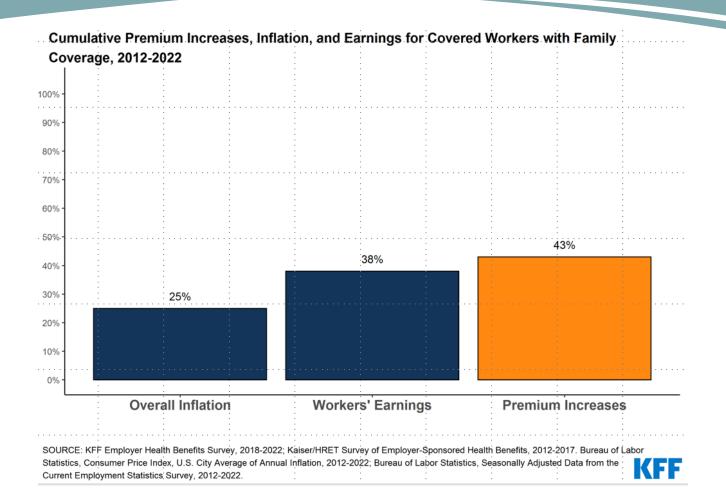




Average premium for Family coverage has increased 20% over the last five years and 43% over the last ten years.

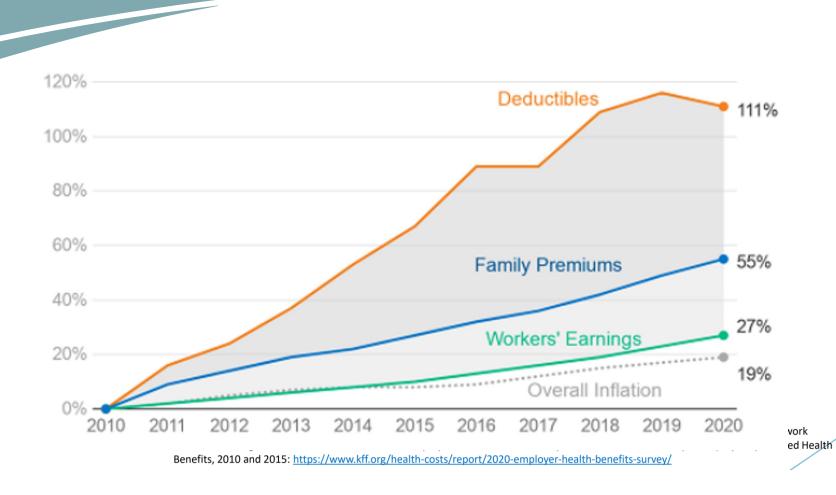


# Cumulative Premium Increases, Inflation, and Earnings for Covered Workers with Family Coverage, 2012-2022





# **Employee Premiums and Deductibles Have Risen Much Faster Than Wages Since 2010**



Since 2010, LA's average family premiums per enrolled employee in an employer-sponsored health plan have increased by 46% and deductibles by 68%



#### Louisiana Premium and Deductible Statistics, 2013-2021

Average health insurance **premiums** for **Single** coverage per enrolled employee increased **28%** 

**Employee** contribution increased **45%** 

**Employer** Contribution increased **23**%

Average annual **deductible** for **Single** coverage per enrolled employee increased **74%** 

Average health insurance premiums for **Family** coverage per enrolled employee increased **24%** 

**Employee** contribution increased **46%** 

**Employer** Contribution increased **15%** 

Average annual deductible for Family coverage per enrolled employee increased 68%



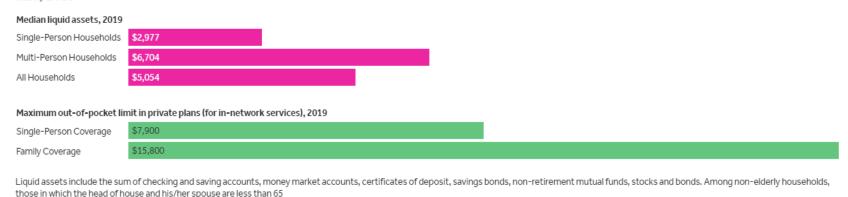
#### **Vulnerability to Medical Debt is Pervasive**

#### Baked into health insurance benefits design and has transferred to the patient

OOP health spending rose 10.4% in 2021

Most households' savings are less than the maximum OOP limit allowed for most private plans

Median liquid assets of households and maximum out-of-pocket limit allowed in private plans for in-network services, by household size, 2019



Source: KFF analysis of the Survey of Consumer Finance, 2019 • Get the data • PNG

Peterson-KFF
Health System Tracker



#### **Medical Debt**

#### **Kaiser Family Foundation Health Care Debt Survey**

Four in ten adults in the U.S. carry medical debt

Of the adults with healthcare debt:

Eight in ten report skipping or delaying care or medications due to cost

Six in ten say they or their household has had to cut back spending on necessities to pay down debt, half have used up their savings

#### **Medical Debt in Louisiana**

28.4% of adults have unpaid medical bills



#### **Employers Bear Responsibility for Healthcare Costs**

Privately insured population accounts for **34%** (\$1.2 trillion) of U.S. healthcare spending \$480 billion in hospital costs

In 2020, across all **hospital inpatient and outpatient services**, employers and private insurers paid on average **224 percent** of what Medicare would have paid for the same services at the same facilities

Despite new data showing hospitals require payments that represent **127% of Medicare** to cover their expenses

Hospital services now represent largest share of total health care costs at about 37% of the total health care spending for privately insured Americans



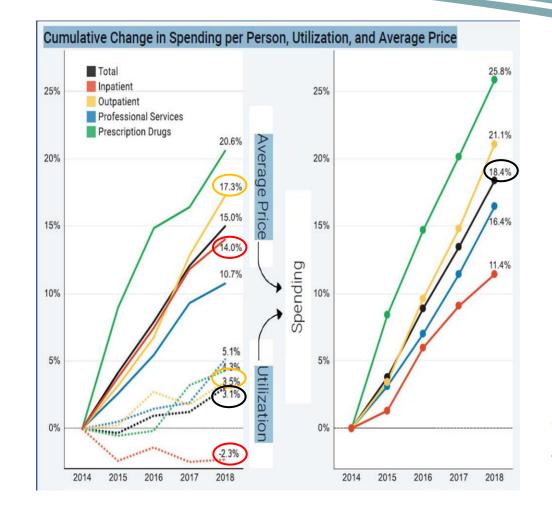
### Hospital Price is the Problem, Not Utilization

**Total annual spending** per person increased **18.4%** 

Inpatient costs increased 14% while utilization decreased 2.3%

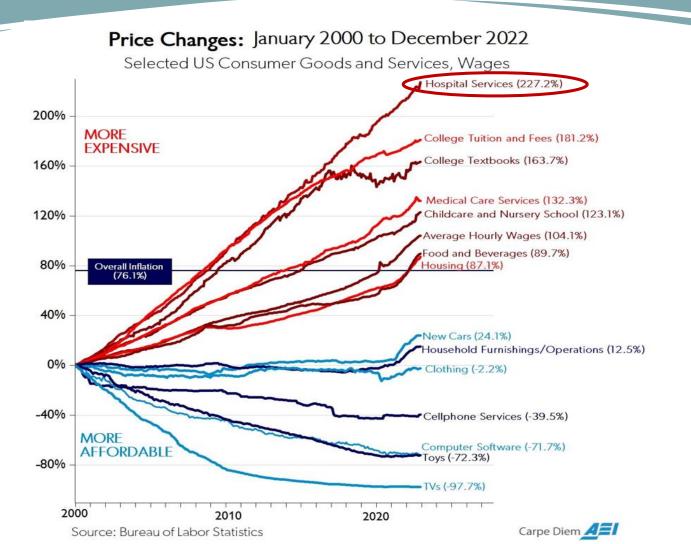
Outpatient costs increased 17.3% with utilization increasing 3.5%

**Utilization of medical services** rose by **3.1**%





# Hospital Services Increasing Consistently Over Time per the Bureau of Labor and Statistics





# Impact of Rising Healthcare Costs on Employers and Employees

#### **Employers**

High health benefit costs come at the expense of **core business investments** and hold down **wages**, dampen **business growth** and squeeze **family budgets** 

Health benefits are one of the largest expenses for employers

Healthcare costs are increasingly suffocating businesses in America

#### **Employees**

Bear most or all of the costs of employer-sponsored health benefits through a combination of employee **premium contribution and out-of-pocket spending** and the fact that employer contributions for healthcare take the place of other forms of compensation, such as **wages** and **retirement benefits**\*



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# **Employer Challenges**

Employers often **lack information** to show what they are paying for and whether the prices for those services are reasonable

Employers have **limited access to useful information** on hospital prices

Unlike other goods and services, it's **nearly impossible to compare the price** of healthcare tests, procedures, or treatments

**Prices** for many standard health services vary both across and within geographic regions



### **Fiduciary Responsibility**

Self-funded employers have a **fiduciary responsibility** to "act in the interest of plan participants and their beneficiaries and with the exclusive purpose of providing benefits to them."

**Increased scrutiny on fiduciaries** since passing of Consolidated Appropriations Act

Plan sponsors required to pay fair prices for services provided, but what is fair?

Risk of class action and civil suits, penalties from DOL

How can self-funded plans fulfill fiduciary obligations without knowing prices?

As states and other payers seek to address high and rising **hospital prices**, they confront important questions, including **"what is a reasonable price for care?"** 

New Transparency tools bring a wealth of information



#### **Hospital Price Transparency Tools**

#### **NASHP Hospital Cost Tool**

- Information on hospital finances (e.g., revenues, profitability, payer mix, assets, labor)/ utilizes federal government data submitted
   by hospitals (Annual Medicare Cost Report)
- Determines Commercial breakeven (the reimbursement rate a hospital needs to receive from commercial payers to cover all of its expenses for hospital inpatient and outpatient services, without profit)

#### **Sage Transparency Tool**

Utilizes both public and proprietary data to compare hospital prices and quality

#### **RAND Hospital Price Transparency**

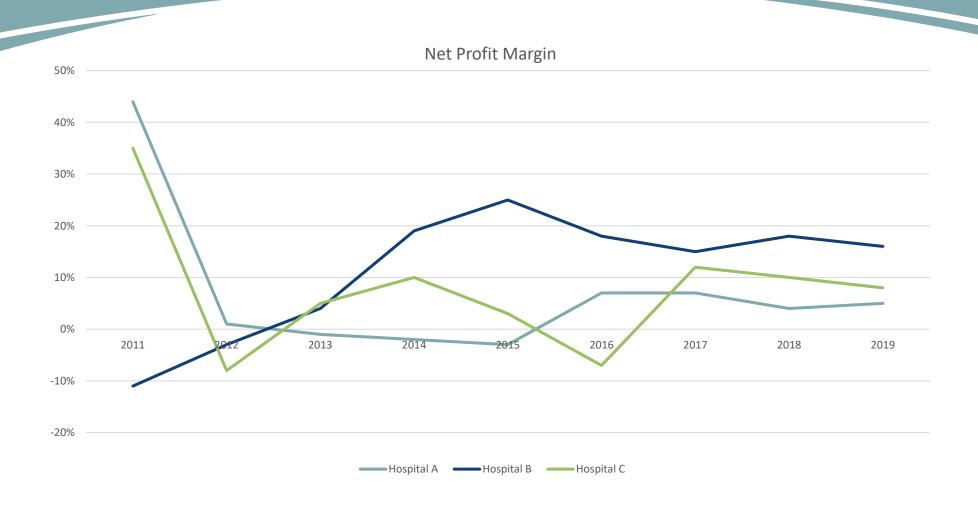
- Prices paid to hospitals by commercial payers for inpatient and outpatient services, expressed as
   Medicare rates
- Utilizes claims data from employers, insurers, and APCDs



## Net Profit Margin, 2011-2019

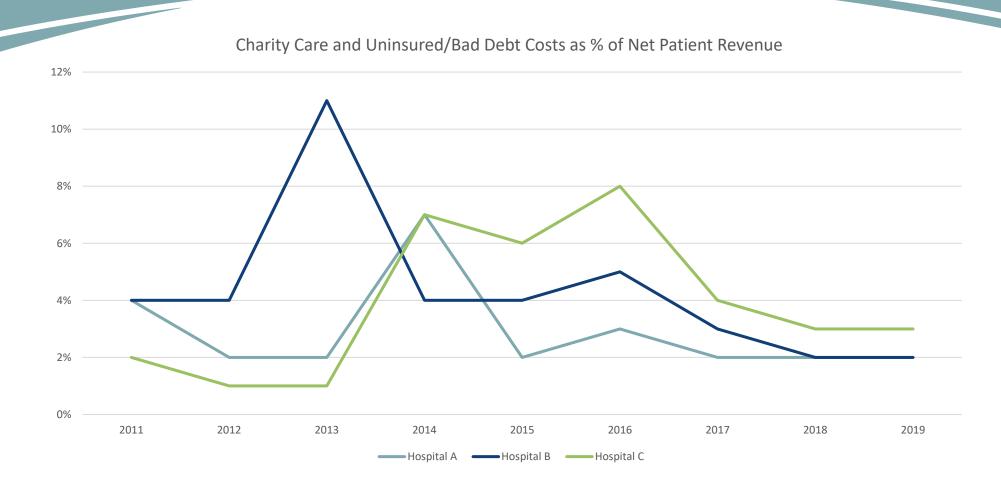


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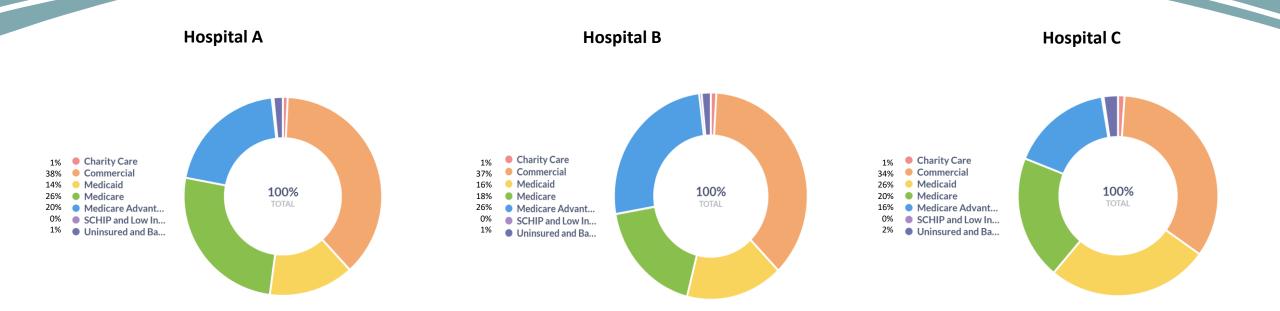
# Charity Care and Uninsured/Bad Debt Costs as % of Net Patient Revenue, 2011-2019





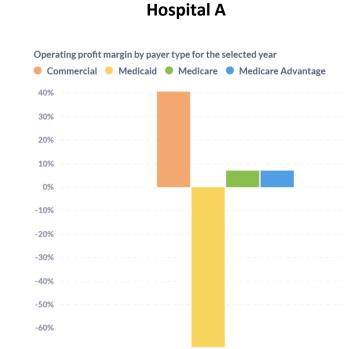
Source: NASHP Hospital Cost Tool

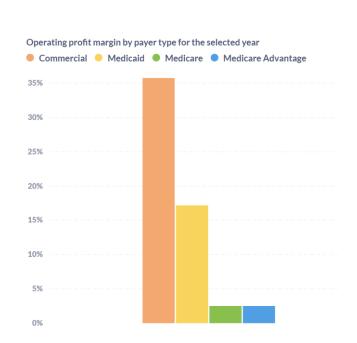
#### Payer Mix Comparison, 2019





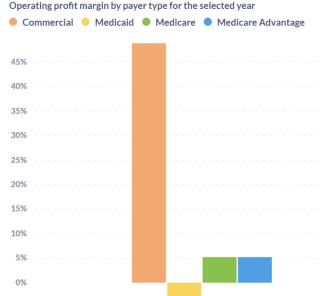
### Operating Profit Margin by Payer, 2019





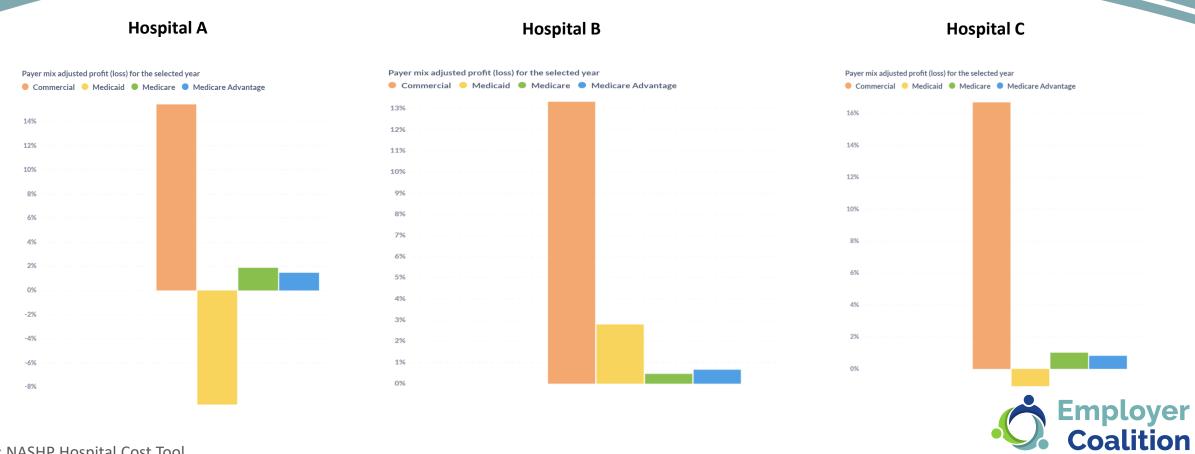
**Hospital B** 







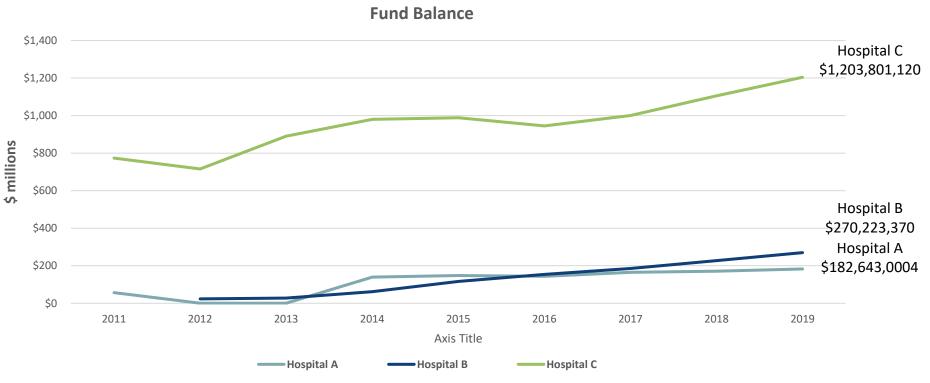
### Payer Mix Adjusted Profit (Loss), 2019



Source: NASHP Hospital Cost Tool

Payer Mix Adjusted Profit (Loss): Operating Profit Margin multiplied by Payer Mix, which represents the payer's impact on the hospital's financial performance

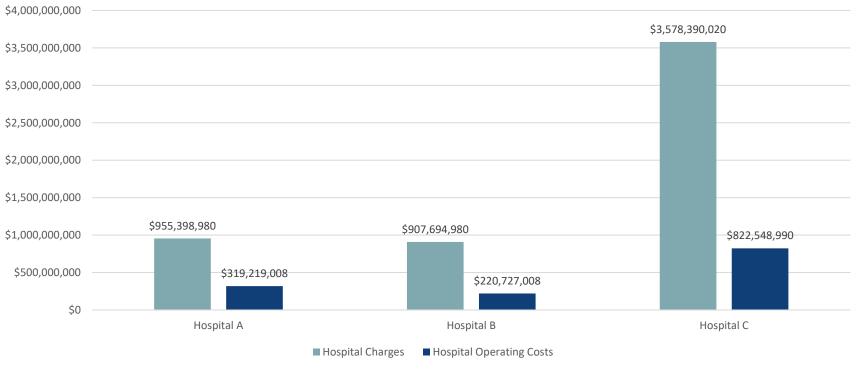
#### Fund Balance, 2011-2019





### Hospital Operating Costs and Charges, 2019

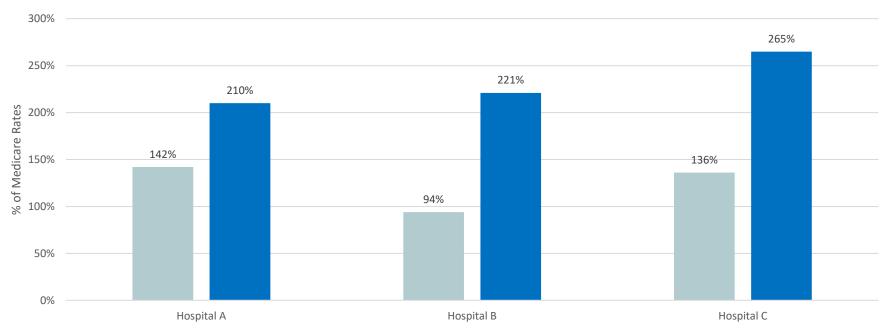






#### Commercial Breakeven, 2011-2019





Source: NASHP Hospital Cost Tool

Commercial Breakeven (NASHP): Payment level required from commercial payers (expressed as a percentage of Medicare rates) to allow the hospital to cover maximum hospital expenses, with no profit, for hospital inpatient and outpatient services. Covered hospital expenses include commercial patient hospital operating costs, shortfall of coverage from public health programs, charity care and uninsured patient hospital costs, Medicare disallowed costs, and hospital other income and expenses.



#### **Sage Transparency Tool**

# RAND Total Facility Plus Physician (%)

Clinical Category	Hospital A	Hospital B	Hospital C
CT/MRI	241%	286%	325%
Emergency Dept	253%	234%	304%
GI Procedures	217%	264%	282%

Clinical Category	Hospital A	Hospital C	ASC
Orthopedics	191%	307%	119%



# Cost Variance Example from the RAND Hospital Cost Study

Procedure	Medicare Reimbursement	Current Price Baton Rouge*	Potential Ref Price (1.5 Med)	Potential Savings
Coronary Artery Bypass Graft Surgery	\$45,358.00	\$122,013.02	\$68,037.00	<mark>\$53,976.02</mark>
Arthroscopic Knee Surgery	\$3,389.00	\$9,116.41	\$5,083.50	\$4,032.9 <b>1</b>
* 269% of Medicare				

Savings would be split between plan sponsor and the patient, dependent upon plan design specifics

Benefit plans can be designed to steer care to value providers

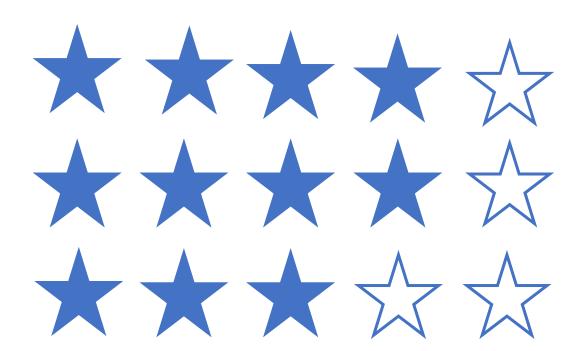


#### CMS Overall Star Rating

Hospital A

Hospital B

Hospital C



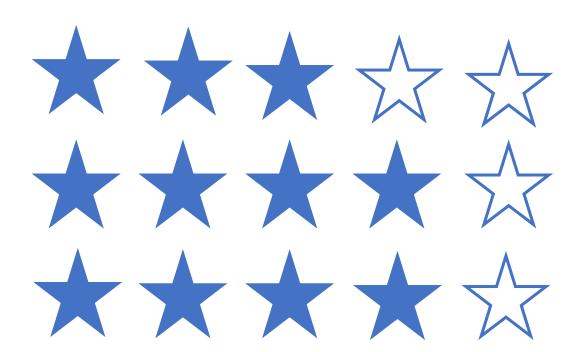


#### CMS Patient Survey Rating

Hospital A

Hospital B

Hospital C





### THE LEAPFROG GROUP Leapfrog Hospital Safety Grade

Hospital A

Hospital B

Hospital C









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#### **How Does Price Transparency Help Employers Negotiate Prices?**

Price transparency allows employers to compare how much hospitals and providers charge for the same services. Employers can use this information to advocate for better value and push back on higher priced providers

With the savings, employers can increase wages, hire new employees, make investments in infrastructure or expand. It is important to note that prices are only one piece of the puzzle – they must be considered with quality in mind



### **Controlling Health Costs – Different Approaches**

Coalition	Region	Strategies
Employers' Coalition of Indiana	Indiana	<ul><li>Increasing Price Transparency</li><li>Advocating for Policy Change</li></ul>
The Alliance	Wisconsin	<ul><li>Increasing Price Transparency</li><li>Steering to High-Value Providers</li><li>Price Negotiations</li></ul>
Network of Distinction	Connecticut	<ul><li>Increasing Price Transparency</li><li>Steering to High-Value Providers</li></ul>
Peak Health Alliance	Seven Counties in Colorado	<ul><li>Increasing Price Transparency</li><li>Price Negotiations</li></ul>
Houston Business Coalition on Health	Houston, Texas	<ul> <li>Development of a Smart Network</li> </ul>



Anthem is attempting to support a core goal of the RAND study by holding hospital systems accountable for their prices, which in turn will benefit our employees' mental and physical health and their financial wellness.

-Purdue Senior Director of Benefits

Sunday, March 01, 2020 1:00 am

#### Insurer pushes Parkview on costs

Says charges too high, citing study hospital calls unfair SHERRY SLATER | The Journal Gazette



#### Rising Cost of Healthcare – Call to Action

#### **Employers**

- Pressured by rising healthcare costs
- Trajectory is insupportable
- Need transparent price information
- No employer can go it alone
- No organization focused on healthcare affordability or price transparency

#### **Quality Forum**

- Ready to act on cost of healthcare
- Neutral convenor of stakeholders to bring about meaningful solutions
- Trusted relationships across key stakeholders
- Facilitate ways to increase price transparency
- Equipped to enter into partnership with employer community



With a mission to lead evidence-based, collaborative initiatives to improve the health of Louisian residents, the Louisian Health Care Quality Forum is ready to make a difference and cot on the cost of healthcare in our state. The Quality Forum believes that by applying our multi-stakeholder approach to delivering data-driven solutions, we find ways to increase price transparency and bring about meaningful solutions which reduce costs while still striving for high-value and high-quality care.

Though we need all stakeholders onboard to achieve such an aim, it is important to note that employers are bearing the burden of this affordability crisis. Now more than ever, employers need transparent information, specifically on hospital prices and employee benefits.

We know that healthier employees create healthier and more productive populations. Yet, in our current state, premiums and deductibles have outpaced wages and are harming employees inancially, emotionally, and in some cases physically. It is time that employers are empowered to negotiate changes in what they are paying for and to start paying for what matters most.

This said, we want to acknowledge that hospitals and health professionals are critical members of the communities we serve. The Quality Forum is well positioned as a neutral convenor and data supplier to support employers with facts and necessary information to make decisions about what they are paying for, and to negotiate for fair hospital prices and benefits which are aligned with value. This ability to navigate trusted relationships across key stakeholders is what makes LHCQF both a unique and effective partner.

This is an urgent matter. Rising health care costs have placed pressure on employers and on worker's wages particularly during the COVID-19 pandemic. The trajectory is insupportable. By equipping employers and those they insure with transparent information, they can begin decreasing the wide gap in variation that we see in hospital prices and in benefit design.

The Quality Forum is equipped to enter into a partnership with the employer community which will help to bring about the necessary change.

No employer can go it alone. We encourage companies across the state to join us in this effort to establish the collective influence necessary to put employers on equal footing with the other stakeholders in the healthcare equation.

Please join us at Sullivan's Restaurant on August  $31^{\rm st}$  from 11:30 AM to 1 PM to discuss the potential opportunities with this partnership.

Cindy Munn

Cindy Munn Chief Executive Officer Louisiana Health Care Quality Daniel 7. Burke

Daniel Burke
Incoming Chair, Louisiana Health Care Quality Forum
Director of Corporate Benefits Turner Industries



### Rising Cost of Healthcare – Call to Action

# Employers purchasing health benefits need better information on healthcare prices and value to make good decisions

#### **Health Benefits Consultants**

Alliant Insurance Services
HUB International
BXS Insurance
Gallagher Benefit Services
Willis Towers Watson

Employers, Health Systems, Health Plans, State and Local Government Officials, Providers



#### **Employer Coalition of Louisiana - Who We Are**

Employer-led health care coalition whose goal is to improve the value received by payers and patients for their healthcare expenditures.

Value considerations include price, quality, safety, and consumer satisfaction.

#### **Membership**

Includes employers, providers, hospitals, health plans, benefit consultants, and other interested parties.

#### **Guiding Principles**

We all share responsibility for the healthcare affordability crisis

We don't have malicious leaders in healthcare; we have good people working in a fragmented system \*

Through collaboration, we can align payment with high-value medical care and create better

health



#### **Employer Coalition of Louisiana - Who We Are**

#### We Believe

No single employer can create the impact needed to improve the quality and affordability problem in LA.

Employers who work collaboratively with a unified voice can more effectively move the healthcare discussion and influence change with providers, health plans, and other partners to address healthcare affordability, quality, safety, and consumer experience

**Greater cost transparency paired with quality measures are critical tools** to level the playing field and allow employers to **engage in strategies to lower costs and increase high-value care** 

**Empowering employers and people with evidence-based data** allow them to make more informed decisions





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**YOchsner** Health

























#### **Employer Coalition of Louisiana**

# Is your organization interested?

Cindy Munn cmunn@lhcqf.org



### **Employer Coalition of Louisiana**

# **Thank You**

